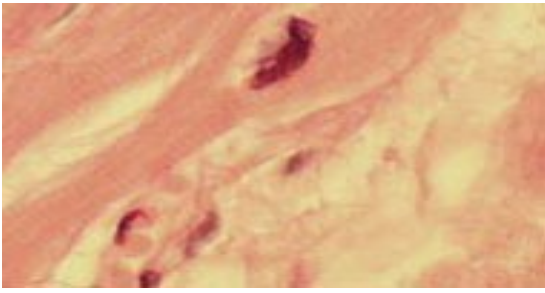
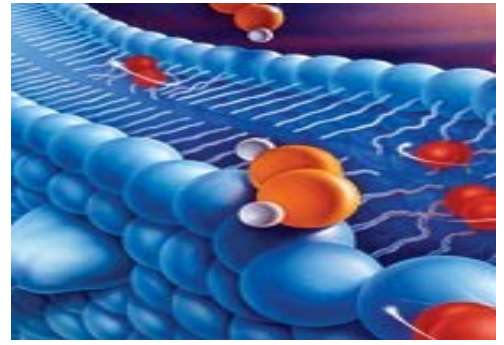


Toxins That Found in Your Body ~



Lipofuscin

- Pigment granules found in the liver, kidney, heart muscle and skins.



Free radicals

Toxicity / Body Burden



“Chemical daily environment”



“Waste in body”



Acidic food

Look at your hands, face or body... Have you discovered any uneven “brown spot” on your skin? If the answer is definitely “yes”, it shows that there are many others similar spots scatter all your inner organs such as liver, heart, blood vessels. In fact, these aging brown spots revealed the waste, toxins and burdens that accumulating in your body.

“Aging spot” are unpleasant to be seen. It is representing the **growing of the age** and the **accumulating of the waste** to our body. Besides that, these accumulated body burdens may also **invade our body inner systems** and **weaken our immune systems**.

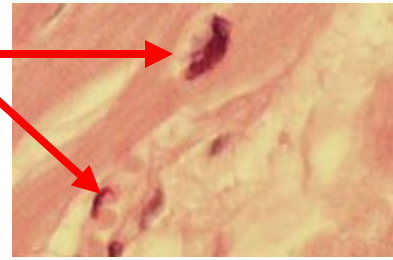
Right Detoxification for your Body and Skin ~

Luckily, we are able to deplete and control these aging processes by our **diet management** and **skin care application**. In medical, this **anti-aging** process is called **anti-oxidation** or **detoxification** in common.

What Accelerating Our Ageing Process ?

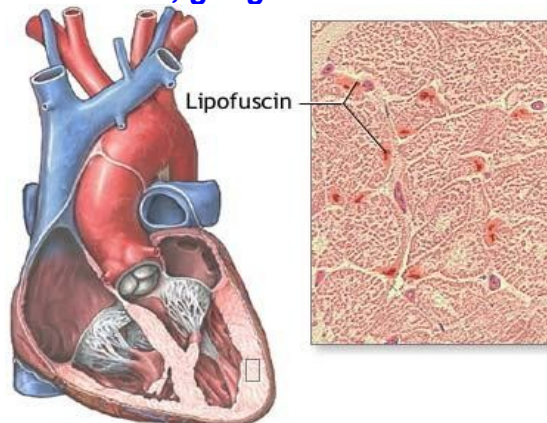
1) What is **Lipofuscin** ?

A group of yellow-brown *pigments* that accumulate in several body tissues and are associated with the ageing process.



2) Where can it be found ?

They are particularly found in the myocardium (**heart** muscle) and smooth muscle cells like **liver, kidney, adrenals, nerve cells, ganglion cells and skin**.



3) How its appeared ?

Lipofuscin composed of lipid-containing residues. It appears to be the product of the **oxidation of unsaturated fatty acids**, and may be the natural process of programmed old cells self-destruction.

4) Any possible therapies to reduce lipofuscin accumulation ?

You may practise calorie restriction, consume high antioxidant herbs like Ganoderma, vitamin C and E food or supplement, and increased glutathione appear to reduce or halt the production of lipofuscin.



Free radicals

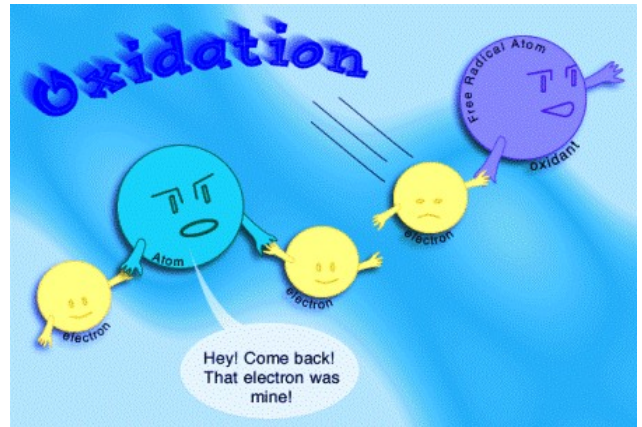
Lead to Many Different Diseases !!

What is **Free radicals** ?

Free radicals are molecules or atoms with unpaired electrons. They are highly reactive and making the molecule or atom extremely likely to react with other molecules, damaging them.

How do free radicals react to our body and cells ?

Free radicals are **unstable** and **highly reactive**, always in an effort to achieve stability, attacks nearby molecules to obtain another electron and, in doing so, **damages** those molecules.



Consequences of free radicals to our body ?

Free radicals lead to many different diseases by attacking our normal and healthy cells. Their chemical reactivity can **damage all cellular macromolecules** including proteins, carbohydrates, lipids and nucleic acids (implicated in the causation of **cancer, heart diseases** and **accelerate aging process**).

How can it occur ?

Free radicals are derived either from **normal essential metabolic processes** in the human body (like *respiratory chain, immune reaction, generate energy* and etc) or from **external sources** such as exposure to *X-rays, ozone, cigarette smoking, air pollutants and industrial chemicals*.

How do our body against the free radicals ?

There are two defense systems in human body to against radicals damage. One important line of defense is **a system of enzymes**, like *glutathione peroxidases* which decrease concentrations of the most harmful oxidants in the tissues.

The second line of defense against free radical damage is the presence of **antioxidants**. such as *ganoderma., green tea, broccoli, fruits, vegetables and Vitamin E*. Antioxidants are important in slowing the aging process as well as preventing certain illnesses and diseases.



Reishi Mushroom

For over 2000 years, Reishi mushrooms (*Ganoderma lucidum*) have been considered by the Chinese to be a **high quality herbal** medicine. In traditional Chinese medical theory, Reishi or Lingzhi is among the highest ranking. It improves overall health, increases the body's healing ability, promotes longevity and does not cause any side effects even though it is taken continuously.

According to Li Shi-Zhen, the famous physician and pharmacologist in Chinese history, long-term consumption of Reishi will promote a strong and healthy body and assure longevity. It has been proven by modern medical research that Reishi has a wide range of beneficial effects. Its main function is to promote blood circulation and increase the metabolic activities of cells (*detoxification*) and also helps with the proper functioning of all internal organs (*balance the body functions*).

Reishi Gano (RG)



- ♣ Harvested from a 90-day old *Ganoderma lucidum*.
- ♣ Contains a wide variety of nutrients such as polysaccharides, adenosine, triterpenoids, protein and fibre.
- ♣ Comes in capsule and powder forms.
- ♣ Helps in normalizing the entire body functions and maintains the healthy well being.
- ♣ Suitable for daily intake.

Ganocelium® (GL)

- ♣ Ganocelium® (GL) is produced from a 18-day old mycelium of *Ganoderma lucidum*.
- ♣ Rich in polysaccharides, adenosine, *organic germanium*, triterpenes, vitamins, minerals and essential fatty acids.
- ♣ GL is effective in improving the general health of our body.
- ♣ Available in both capsule and powder forms.
- ♣ RG and GL Powder can result in *quick absorption* into the body and help to speed up the *healing process*.

